



# Transformational Counseling

## Client Agreement

I, \_\_\_\_\_, as a client of Jamie K. Reaser, PhD/  
Transformational Counseling,

Acknowledge that my positive intent, clarity of desired outcome, openness, honesty, and commitment to the process are catalysts for the personal change(s) I desire;

while some outcomes may be readily achieved in a single session, other outcomes may require multiple sessions and multiple approaches to be realized;

that my needs are unique, and that each session will be designed to best serve my needs at a given time and point in my personal process;

and that the process of personal exploration and evolution is often challenging: it is likely that, at times, I will experience memories, emotions, beliefs, physical sensations, or practices in ways that will be uncomfortable and even frightening to the ego-self; and

Further acknowledge that I am inviting Jamie K. Reaser to serve as my coach and guide in my personal process of transformation and that she is not a licensed physician, psychologist, counselor, psychotherapist, or psychoanalyst and neither legally can nor will prescribe medication or make medical or psychiatric diagnosis.

Agree to be personally responsible for my attitude, emotions, outcomes, and progress;

to do my best to acknowledge, work with, and retract any and all projections (“positive” or “negative”) that I place on Jamie K. Reaser/Transformational Counseling in the course of our work together or at anytime thereafter;

(initials: \_\_\_\_\_ )

that Jamie K. Reaser may, with explanation, decline to help me achieve my desired outcome if at any time she believes that outcome is not in my best interest or would place others at risk of harm;

that time and outcome will be the basis for each session and that the time limits for each session will be set in advance of that session (typically 1-1.5 hours);

to, in the spirit of reciprocity, pay<sup>1</sup> for each session in advance or promptly at its closure and, if more time was necessary and mutually agreed to in the course of a session, to pay for the additional time in session as agreed;

to notify Jamie K. Reaser via email or phone within 24-hours of a scheduled session if I need to reschedule the session and, that if I neglect to make this notification in time or decide to cancel rather than reschedule the session, I will pay the full session fee;<sup>2</sup>

and that all of the processes, materials, and verbal information conveyed to me through the course of working with Jamie K. Reaser/Transformational Counseling are to be regarded as sacred and respected by my utmost adherence to the law, as well as, high ethical standards of personal conduct.

Signature\_\_\_\_\_ Date\_\_\_\_\_

Prior to the first session, please mail or hand deliver this agreement to:

Jamie K. Reaser, PhD  
Transformational Counseling  
1207 Bull Yearling Road  
Stanardsville, VA 22973

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<sup>1</sup> Under certain circumstances, with preagreement, a trade of service may be substituted for monetary reciprocity.

<sup>2</sup> Exceptions are allowable for sudden illness of the client or if the client is the primary care giver of another individual that becomes ill.